

Lenten Seminar 2017

The Gift of Being Yourself, The Sacred Call to Self-Discovery

Seminar Description

Lent offers us an extended time for personal renewal and inner transformation. It is a time to confront our false selves and reclaim our true self in Christ. To know our true self is to know that we have been created in the image of God and called to love. This seminar is centered on Dr. David G. Benner's book: *The Gift of Being Yourself*. Participants will have an opportunity to explore the spirituality of self-discovery through scripture, self-reflection, spiritual readings, prayer, and journaling.

Facilitators

Fr. Warren J. Savage is the Catholic Chaplain at the Albert and Amelia Ferst Interfaith Center, Westfield State University; Lecturer, Religious Studies Department, Our Lady of the Elms College, Chicopee, MA; Instructor, Diocesan Permanent Diaconate Formation Program; Member of the Committee for the Continuing Education and Formation of Clergy, Spiritual Directors International, Academy of Homiletics, and The Society for the Study of Christian Spirituality.

Mary Keator, Ph.D. is an Assistant Professor in the English Department at Westfield State University, Westfield, MA and an Adjunct Lecturer, Religious Studies Department, Our Lady of the Elms College, Chicopee, MA. Mary is a Member of Spiritual Directors International, Contemplative Mind in Society and a registered yoga teacher.

Seminar Locations, Dates and Times: Please register for one of the following programs.

St. Ann's Parish Center

134 Main Street
Lenox, MA 02140
March 6, 13, 20 and 27 (7:00 – 8:30 p.m.)
Contact: Ann Schwein
(413) 265-2575
Email: schweina@elms.edu

DeCicé Hall at the Marian Center

1365 Northampton St.
Holyoke, MA 01040
March 8, 15, 22 and 29 (7:00 – 8:30 p.m.)
Contact: Chris Clark, DHM, Director
(413) 687-1858; voicemail (413) 539-5924
Email decice.hall@gmail.com

Cost and Required Resource

Registration is \$50 per person (check payable to Fr. Warren J. Savage). Participants can pay at the first session of the seminar. Participants will need to purchase the following resource: David G. Benner, *The Gift of Being Yourself, The Sacred Call to Self-Discovery*, (Downers Grove, IL: InterVarsity Press, 2015). This resource can be purchased online through amazon or Barnes & Noble. The facilitators will provide other materials for the seminar.

“Grant, Lord, that I may know myself that I may know thee.”

St. Augustine